

Asking For Help



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Sometimes I need help to
complete an activity
or **get** something that I need.



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1

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Asking for help only takes
2 simple steps:



First, I will find an **adult**.



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Second, I will ask,
“Can you help me, please?”



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When I need something from a high place, I can find an adult and ask, **“Can you help me, please?”**



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When I need help completing my math homework, I can find an adult and ask, **“Can you help me, please?”**



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5

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It is easy to **ask for help** when I remember to find an adult and **ask nicely**. Adults are happy to help me when I ask them nicely.



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6

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Asking For Help

1. When I need help, I should remember **2 steps**.
2. First step is to find an adult.
3. Second step is to **ask nicely**.
4. When I need something from a high place, I will find an adult and ask, **“Can you help me, please?”**
5. When I need help with my math homework, I will find an adult and ask, **“Can you help me, please?”**
6. Adults are happy to help me when I **ask nicely**.



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