



Visual Schedule: Getting Ready for Bed

Wash Face		
Brush Teeth		
Put on Pajamas		
Say Goodnight		
Go to Bedroom		
Turn Off Light		
Get in Bed		
Close Eyes		



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Instructions

- (1) Print and laminate the visual schedule board.
- (2) Find or take pictures that represent each step.
- (3) Laminate the pictures and affix Velcro to the back of each one.
- (4) Affix Velcro onto each box in columns #2 and #3.
- (5) Select the picture that represents each task and place it adjacent to the corresponding text in column #2.
- (6) After the child completes the task, have him/her move the picture to column #3.